

Angela Center

2004 SCHEDULE of Classes and Events

(subject to change)

Partial Calendar:

January

Every Tuesday - Starting Jan 20

WISDOM CIRCLE

Tuesdays at noon

Called by Sister Dianne Baumunk, osu

Every Wednesday -

JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

Jan 6 - The Earth's Imagination:

Exploring the Evolutionary Nature of the Human Mind

Jan. 6 through Feb. 24, Eight Tuesday Evenings, 7- 8:30 pm

Led by Connie Mahoney, PhD

Jan 7 - The First Wednesday Community Singing with the Gracekeepers

First Wednesday of the Month (Jan 7, Feb. 4, March 3, April 7, May 5, June 2)

7:15 - 9:00 pm

Led by the Gracekeepers: Jan Cercone, Barbara Rosen and Robin Elliott

Jan 7 - Writing for Self-Discovery: Writing From Art

Five Wednesdays 10:15 to noon, January 7 through March 3, 2004

A Spring series will follow.

Led by Donna Hardy, M.A., MFT

Jan 8 - Writing for Self-Discovery: Writing From Art

Five Thursdays 12:30 to 2:15, January 8 through March 4

A Spring series will follow.

Led by Donna Hardy, M.A., MFT

Jan 8 - In You God's Love is Revealed

Claiming God's Grace for Lesbians & Gays

A series of 4 Thursday evenings, January 8 - 29th, 6:30 pm to 9:00pm

led by Kevin Dincher.

Jan 12 - Living an Introspective Life in an Extraverted Society

Four Monday Evenings, 6:30-8:00pm, January 12, 26, February 2, 9

Jane D. Lind, MA, MFT

ANGELA CENTER

535 Angela Drive, Santa Rosa, CA 95403

Phone: 707 528-8578 Fax: 707 528-0114 Email: angelacenter@juno.com

Jan 21 - The Art of Breathing, An experiential workshop to promote good health and vitality through the breath

Four Wednesday Mornings, Starting January 21, 10-11:15

Led by Susan Wagner, MA

Jan. 21 - Deep Imagery: Opening the Window to the Imaginal World

Eight Wednesday Evenings, Jan. 21, 28; Feb 4,18,25; Mar 3,17,24, 7 to 9 pm

Led by Dianne Timberlake

Jan 26 - Good Poems: A Conspiracy of Friendliness

A poetry writing workshop

Eight Monday mornings, Jan. 26 to March 22, 10am to noon

(no class Feb. 16)

Led by Lynn Trombetta

Jan 31 - The Spirituality of Seeing Through Watercolor

Saturday, January 31, 2004, Brescia Hall, 9 am to 3 pm

Led by Beverly Kjeldsen, MA

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February

Every Tuesday -

WISDOM CIRCLE

Tuesdays at noon

Called by Sister Dianne Baumunk, osu

Every Wednesday -

JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

Feb 4 - The First Wednesday Community Singing with the Gracekeepers

First Wednesday of the Month (Jan 7, Feb. 4, March 3, April 7, May 5, June 2)

7:15 - 9:00 pm

Led by the Gracekeepers: Jan Cercone, Barbara Rosen and Robin Elliott

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March

Every Tuesday -

WISDOM CIRCLE

Tuesdays at noon

Called by Sister Dianne Baumunk, osu

Every Wednesday -

JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

Mar 2 - Diversity: A Hallmark of Communities that Work for Justice

A series of three Tuesday evenings, March 2 through 16, 6:30 pm to 9:00 pm, led by Kevin Dincher

Mar 3 - The First Wednesday Community Singing with the Gracekeepers

First Wednesday of the Month (Jan 7, Feb. 4, March 3, April 7, May 5, June 2)
7:15 - 9:00 pm

Led by the Gracekeepers: Jan Cercone, Barbara Rosen and Robin Elliott

Mar 17 - The Wake Up Call of Post Modernism

Four Wednesday Evenings, March 17, 24, 31 and April 7, 7 to 9pm

Led by Geoff Woods

Mar 17 - The Girl Within, A Group for Women

Six Wednesdays, March 17- April 21, 10-11:30 am

Led by Susan Wagner

Mar 18 - The Spirituality of Seeing Through Watercolor

Four Thursday Evenings, March 18- April 8, 7 to 9pm

Led by Beverly Kjeldsen, MA

Mar 25 - Introverts' Retreat, An evening for Deep Discussion

Thursday, March 25, 6 to 9 pm

Led by Jane Lind, MA, MFT

Mar 26 - The Incalculable Paradoxes of Love, A weekend of journal writing

7:30 p.m. Friday, March 26 through 2 p.m. Sunday, March 28

led by Donna Hardy, M.A., MFT

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April

Every Tuesday -

WISDOM CIRCLE

Tuesdays at noon

Called by Sister Dianne Baumunk, osu

Every Wednesday -

JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

Apr 2-4 - Healing and Hope, Retreat Weekend

Starting Friday evening and ending Sunday afternoon, April 2-4, 2004

Led by Anthony Padovano, M.A., Ph.D.

Apr 4 - Becoming an American Church

Sunday, April 4, 2004, 5pm - 7 pm

Lecture by Anthony Padovano, M.A. Ph.D.

Apr 7 - The First Wednesday Community Singing with the Gracekeepers

First Wednesday of the Month (Jan 7, Feb. 4, March 3, April 7, May 5, June 2)

7:15 - 9:00 pm

Led by the Gracekeepers: Jan Cercone, Barbara Rosen and Robin Elliott

Apr 14 - A Theological Interpretation of Impressionist and Post-Impressionist Art

4 Wednesday Evenings, April 14, 21, 28 and May 5, 7:30 to 9pm

Led by Geoffrey E. Wood., S.S.L., S.T.D.

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May

Every Tuesday -

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Tuesdays at noon

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Every Wednesday -

JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

May 5 - The First Wednesday Community Singing with the Gracekeepers

First Wednesday of the Month (Jan 7, Feb. 4, March 3, April 7, May 5, June 2)

7:15 - 9:00 pm

Led by the Gracekeepers: Jan Cercone, Barbara Rosen and Robin Elliott

May 7 - Know My Name, A Weekend Retreat for Lesbians and Gay Men

From 7:30 pm Friday May 7th till mid afternoon Sunday May 9th.

Led by Kevin Dincher

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June

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Every Wednesday -

JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

Jun 2 - The First Wednesday Community Singing with the Gracekeepers

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7:15 - 9:00 pm

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July

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Every Wednesday -

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August

Every Tuesday -

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Tuesdays at noon

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Every Wednesday -

JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

Aug 2 - Writers' Camp

With Donna Hardy and Clare Morris as Space Makers, One Week starting 7: 30 p.m. Monday, August 2, through lunch, Saturday, August 7, 2004

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September

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Every Wednesday -

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October

Every Tuesday -

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Every Wednesday -

JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

Oct 8 - Trauma Healing and Transformation

A weekend workshop, Oct. 8-10, 2004

Led by Patricia Mathes Cane, Ph.D

Oct 30 - Women's Retreat Day - call the Angela Center for details.

Led by Sister Miriam Malone

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November

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December

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Tuesdays at noon

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Every Wednesday -

JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

Dec 17-19 - Trauma Healing and Transformation

A weekend workshop, December 17-19, 2004

Led by Patricia Mathes Cane, Ph.D

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DESCRIPTION OF CLASSES AND EVENTS

Ongoing Classes:

Wisdom Circle

Every Tuesday at noon

Starting January 20

Called by Sister Dianne Baumunk, osu

A Wisdom Circle is a place for speaking plainly, being known and understood, a place of belonging. A Wisdom Circle creates a compassionate community that values the wisdom and welfare of each of its members.

So you are invited to join this Wisdom Circle at any point – a meeting heart to heart, learning from each other's life experience and honoring the values that sustain our lives. We will be companions in the quest, reminding one another of our inner truth and supporting one another in living our integrity. The insights that emerge will inform and inspire, adding to the storehouse of wisdom we need to live the fullness of life.

Sister Dianne is an Ursuline Sister who has many years of experience in education, pastoral ministry and living among Native Americans. An artist and writer with a Masters in Applied Behavior Science, she sees Wisdom Circles as a way of life that could transform the world into a supportive global community.

Cost: By donation. Reservations not necessary.

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JULIAN'S CELL

Prayer and meditation, Wednesday mornings, 7:30 to 8:30 a.m.

"If there be any . . . on earth who is continually protected from falling, I do not know, for it was not revealed to me. But this was revealed, that in falling and in rising we are always preciously protected in one love. For we do not fall in the sight of God. . . "

--Julian of Norwich

We continue our weekly gatherings for those who want to experience in a contained setting what has been called "the feminine face of God." We begin each gathering with a selection of sacred or meditative music, continue with 30 minutes of silence for prayer and meditation, and conclude with a second selection of music and a time for sharing some of what might have fallen and risen in the silence.

Continental breakfast is available after in our dining room so that you may be twice fed before going on to the work of your day.

Cost: by donation. Reservations are not necessary for any individual morning, but if you're new to Angela Center, please phone for directions.

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**The First Wednesday
Community Singing with the Gracekeepers**

**First Wednesday of the Month
(Jan 7, Feb. 4, March 3, April 7, May 5, June 2)
7:15 – 9:00 pm**

Led by the Gracekeepers: Jan Cercone, Barbara Rosen and Robin Elliott

Join Robin Elliott, Jan Cercone and Barbara Rosen on the first Wednesday of every month for a spiritually uplifting evening of beautiful song. All are welcome and drop-ins are fine too. This is your chance for personal respite as well as a time for community building. We will sing simple uplifting songs from all cultures that speak to us and have healing qualities. Lyres, tone instruments and vocal exercises from the Werbeck Uncovering the Voice Schooling will be employed to help us work therapeutically with the tone. Music is healing, and the highest form is to use our own unique voice. No singing experience is required.

Jan Cercone and Barbara Rosen are local singers and teachers who are trained in the Singing methods of Werbeck Svardstrom. Robin Elliott of San Francisco is also a certified Instructor, teaches lyre and gives workshops on tone and color.

For more information on session content, call Jan Cercone (707) 526-9852.

Suggested Donation: \$10 per evening

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January 2004

(Remember to also see the ongoing classes section)

The Earth's Imagination:**Exploring the Evolutionary Nature of the Human Mind****Eight Tuesday Evenings, 7- 8:30 pm****Jan. 6 through Feb. 24****Led by Connie Mahoney, PhD**

This 8 week program is based on the video series: *The Earth's Imagination* by Brian Swimme, PhD., professor of cosmology at CIIS. The focus is on what the evolution of the universe and the evolutionary nature of human beings teach us about how our species can best participate in shaping a vibrant Earth community. At each gathering, we will view a 30 minutes video segment and then discuss the key points of Brian's teachings: centering on how major transformations in the evolution of the universe and planet Earth have brought the human to this unique and challenging time in evolutionary history and our challenge in the future evolution of life on this planet. We will introduce the Earth Charter as a document providing principles to guide us on our journey. Your presence and participation is invited; join us for this stimulating and thought-provoking series. Are you open to the challenge?

Facilitator for this series is Connie Mahoney, PhD. Connie is the founder of Earth Elders, a long-time spiritual quester and environmental activist. At 57, she received her doctorate in sociology from UCSF; at 60, she participated in a 10 day vision quest. Most recently, she studied with Joanna Macy, Ram Dass, Thomas Berry, Sr. Miriam McGillis and Brian Swimme.

Suggested donation: \$80 for the series**ANGELA CENTER**

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**Writing for Self-Discovery:
Writing From Art
Five Wednesdays 10:15 to noon
January 7 through March 3, 2004**

**Or Five Thursdays 12:30 to 2:15
January 8 through March 4**

**A Spring series will follow.
Led by Donna Hardy, M.A., MFT**

In this program we will write from paintings, drawings, and sculptures and from writings by and about artists. If writing is therapy, then every day in every way our lives are getting better and better.

Eight CE units are available for MFT's and LCSW's. (PCE #1467)

The cost for the winter series is \$80. These classes are sometimes full by the time you read about it, but if you are interested, please phone and put your name on the waiting list.

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**In You God's Love is Revealed
Claiming God's Grace for Lesbians and Gays**

A series of 4 Thursday evenings, January 8-29th, 6:30 to 9:00pm led by Kevin Dincher.

In You God's Love is Revealed is a journey of learning, reflection, sharing and prayer for gays, lesbians and those who love them who experience the confusion and pain that are often a part of their relationship with their faith communities. Presented in the spirit of the affirmation made by the US Catholic bishops that gays and lesbians are gifts from God and revelations of God's love (NCCB, *Always Our Children*, pp. 2, 13), this series will provide an opportunity to explore and reflect upon scripture, church teachings, spiritual growth and the presence of God's grace and love in our lives.

Kevin Dincher has a Masters of Divinity from the Weston Jesuit School of Theology (Cambridge, MA) and a Masters in Marriage, Family and Child Counseling from Santa Clara University. He has more than 25 years of experience in working to build healthy communities through his work in education, counseling, mental health, crisis and suicide intervention, HIV/AIDS ministry, spiritual direction and retreat facilitation. Kevin serves on the Pastoral Resource Committee for Ministry to Gays and Lesbians of the Catholic Diocese of San Jose.

Cost: \$72.

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Living an Introspective Life in an Extraverted Society

Four Monday Evenings, 6:30-8:00pm

January 12, 26, February 2, 9

Jane D. Lind, MA, MFT

In past classes on introversion we have discussed the consciousness and internal experience of our living – honoring our introversion. Reviewing and being informed by that, we will, in these four evenings, turn our focus toward the intersection of ourselves with society. Through group discussion and individual paired exercises, we will inquire, “What do we need to support and sustain our introspective lives, and how do we arrange that in our world?”

Jane D Lind, MA, MFT, is an introvert, a licensed Marriage and Family Therapist in private practice in downtown Santa Rosa, adjunct faculty at John F. Kennedy University and past intern at Angela Center.

Cost: \$52

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The Art of Breathing

An experiential workshop to promote good health and vitality through the breath

Four Wednesday Mornings

Starting January 21

10-11:15

Led by Susan Wagner, MA

Breathing is something the body knows how to do to survive. Babies breathe with their whole bodies, oxygenating every cell. As we move through life, for all kind of reasons, we develop habits of holding and restricting the breath. Since the breath affects all 10 systems of the body, many disorders develop due to restricted habits of breathing and can be helped by learning how to breathe more fully again. Breathing is the most readily accessible resource we have for creating and sustaining our own vital energy. In this workshop we will gently and gradually open the body so it can breathe more fully and receive the abundant nourishment of the breath.

Please wear comfortable cloths to move in and bring two thick blankets and a towel with you.

Come, Enjoy and Delight in the Breath in the Body in the Moment!

Cost: \$42.

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Deep Imagery: Opening the Window to the Imaginal World
Eight Wednesday Evenings
Jan. 21, 28; Feb 4,18,25; March 3,17,24
7 to 9 pm
Led by Dianne Timberlake

As human beings we have different ways of knowing – of receiving information about ourselves and our world. We have the capacity to learn through thinking, feeling, sensing, and imagination. These four functions, however, are rarely developed in a balanced way. Our culture promotes thinking and sensing almost exclusively, but if we are to know ourselves at the deepest level, we must develop our imagination.

Depth psychologists say that the substance of the soul is image and that deep imagery (i.e. imagery that comes to us from the unconscious) is one of the most direct and powerful means of accessing soul.

This program is intended to open wide the window to the imaginal world – into knowing yourself through your own deeply personal imagery.

The particular imagery process we will be using is called The Personal Totem Pole. It has its roots in three traditions: Jungian active imagination, charka theory, and the belief of indigenous peoples worldwide in animals as spirit guides or totems.

During this eight week course, we will find an imagery guide for each of the seven main charkas (our own individual persona; totem pole), and then invite all of them to come into council with us to hear their wisdom for our lives.

Dianne Timberlake is a licensed Marriage and Family Therapist in private practice in Sebastopol. She is certified as a workshop leader and Trainer in The Personal Totem Pole Process by the International Institute for Visualization Research. During her almost twenty years of experience in working with this process, she has conducted many groups around the United States and in England and Wales.

Cost: \$84

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Good Poems: A Conspiracy of Friendliness

**A poetry writing workshop
Eight Monday mornings,
Jan. 26 to March 22
(no class Feb. 16)
10 am to noon
Led by Lynn Trombetta**

In this workshop we will use the anthology Good Poems Selected and Introduced by Garrison Keillor. Working from an anthology, rather than from a single poet's body of work, we will be introduced to many different kinds of poets, and kinds of poetry writing. Keillor offers a spectrum from Emily Dickinson and William Butler Yeats to contemporary poets like Robert Hass and Kay Ryan. Their work will inform and inspire our own writing. We will use some (but not all of) Keillor's themed sections as the basis for our weekly work and assignments. As always, whether looking at Keillor's poem of choice or our own writings we will focus on the poem's content and on those poetic behaviors (metaphor, music, imagery, line break, syntax, etc.) which craft our poems into works of mind as well as heart. We will study many of the fine poems in this collection; write new poems of our own and strengthen our imaginations and our writing lives.

Lynn Trombetta holds two teaching credentials and a BA in English from SSU. She has studied under major contemporary American poets and brings their insights to her workshops. Her poems have appeared in poetry journals across the country and in 2003 she was a nominee for Poet Laureate of Sonoma County. A member of the Sixteen Rivers Press, a poetry publishing collective based in San Francisco, her first full length collection of poems, *Falling World*, will be published on April of 2004.

Cost: \$100.

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**The Spirituality of Seeing Through
Watercolor****Saturday, January 31, 2004****Brescia Hall****9 am to 3 pm****Led by Beverly Kjeldsen, MA****Cost: \$35****Or****Four Thursday Evenings****March 18- April 8****7 to 9pm****Led by Beverly Kjeldsen, MA****Cost: \$56**

Have you always wanted to paint? Well, here's your opportunity to unleash the artist within you! a class for beginning watercolor artists! You can choose a full day class or a series of evenings. Bev will teach basic watercolor techniques and we will work in the studio and, weather permitting, outdoors. When you register for the class, you will be sent a list of supplies.

Beverly Kjeldsen has an MA in art history and taught art and art history at Ursuline High School for 18 years. She also taught art for teachers at Santa Rosa Junior College and was art consultant for Santa Rosa City Schools. Currently Bev is the illustrator for a wine and food magazine, *Steppin'Out*.

Please remember to bring your own lunch for the Saturday class.

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February 2004

(Remember to also see the ongoing classes section)

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March 2004

(Remember to also see the ongoing classes section)

Diversity: A Hallmark of Communities that Work for Justice

**Three Tuesday evenings,
March 2 through 16,
6:30 to 9:00 pm,
Led by Kevin Dincher.**

When a community takes on the tasks of tending to the well-being of all its members and its environment, that community finds itself more often and more deeply challenged by the demand of justice. And as a community responds to the challenges of justice, it finds that it grows into a more diverse community. In fact, increasing diversity is a sign of the genuineness – a hallmark – of the work that a community is doing to become just.

Diversity: A Hallmark of Communities that Work for Justice is a three session workshop exploring: What is justice? What is diversity? How does diversity arise from working for justice and how does greater diversity become a gift to communities? How have our communities become more just and more diverse? Where does the lack of diversity in our communities show us the need to work for greater justice?

Cost: \$54

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The Wake Up Call of Post Modernism
Four Wednesday Evenings
March 17, 24, 31 and April 7
7 to 9pm

Led by Geoff Woods

What is Post-modernism? How does it affect our times and faith? This four session survey will analyze at least three post-modern pieces of literature; two novels by Jim Crace, i.e. "Quarantine" and "Being Dead" and another by James Cowan entitled "A Mapmaker's Dream". (Purchase and prior reading of the books would be useful but not required.) There will be further excursions in the writings of the Anglican theologian Don Cupitt, i.e. his radical, post-modern works "Emptiness and Brightness" and "Reforming Christianity".

Post-modernism is primarily critical of the modern world that commenced with Galileo and Descartes, the Age of Reason and Techno-scientific "progress". But it searches out to "emancipate" people from the Age of Faith as well. Where does that leave us? Well, one possible reaction to its incisive critique of the past can be a believer's reassessment of his or her own belief in God and Reason, which he or she has taken for granted and a revitalizing of the same. In other words, post-modernism confront us with choice where until now a believer's life may have been one of mere habit.

Post-modernism can be a wake up call and even a vantage point from which the believer can get over his or her feelings of inferiority brought on by the Age of Reason and Techno-science. The course will be centered on literature and a bit on art, old and new, as our means of understanding this late 20th century movement.

Dr. Wood has a Ph.D. in Sacred Theology from Catholic University, Washington, D.C. and a Licentiate in Sacred Scripture from Rome's Pontifical Bible University. He has taught at Catholic University, Swarthmore and Bucknell University.

Cost: \$56 (Bring a friend free.) Please make reservations.

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The Girl Within
A Group for Women
Six Wednesdays
March 17- April 21
10-11:30 am

Led by Susan Wagner

It has been said that the path to female identity includes losing and then returning to the girl within. Who is this girl? What deep truths does she possess? In this group we will explore our individual paths to identity as well as re-unite with parts we've left behind, specifically the pre-adolescent girl we once were and the qualities she embodied: courage, competence, initiative and adventure. We will explore using verbal and non-verbal means, writing, listening, sharing, creativity and experiential exercises.

Cost: \$84 plus a \$10 material fee

Susan Wagner, M.A. , Marriage and Family Therapist and Certified Yoga Instructor has a private practice in Santa Rosa where she offers affordable counseling to adults, young people and families. She also teaches yoga to individuals and groups in Sonoma County. She encourages people to discover, listen to and move from their own inner wisdom of the body, mind and heart.

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The Spirituality of Seeing Through Watercolor

Saturday, January 31, 2004

Brescia Hall

9 am to 3 pm

Led by Beverly Kjeldsen, MA

Cost: \$35

Or

Four Thursday Evenings**March 18- April 8****7 to 9pm****Led by Beverly Kjeldsen, MA****Cost: \$56**

Have you always wanted to paint? Well, here's your opportunity to unleash the artist within you! a class for beginning watercolor artists! You can choose a full day class or a series of evenings. Bev will teach basic watercolor techniques and we will work in the studio and, weather permitting, outdoors. When you register for the class, you will be sent a list of supplies.

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Please remember to bring your own lunch for the Saturday class.

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Introverts' Retreat
An evening for Deep Discussion
Thursday, March 25
6 to 9 pm

Led by Jane Lind, MA, MFT

One of the experiences introverts recognize is their often disheartening or disappointed response in connecting with others socially. Introverts labeled “too serious” or “too sensitive” often struggle to find meaning in social situations. This evening is an opportunity to gather in deep conversation and share about what matters to us. We may use individual or paired exercises to evoke our deep interests.

Cost: \$21

ANGELA CENTER

535 Angela Drive, Santa Rosa, CA 95403

Phone: 707 528-8578 **Fax:** 707 528-0114 **Email:** angelacenter@juno.com

The Incalculable Paradoxes of Love

A weekend of journal writing, 7:30 p.m. Friday, March 26 through 2 p.m. Sunday, March 28, led by Donna Hardy, M.A., MFT

In this workshop we explore love in its many manifestations, contradictions, and counter indications; love as we want it to be and love as it is; love in poetry and prose; love in life and in film. We will look at the loves in our lives, romantic and otherwise, and how each—ill-fated or well-destined—has been part of our becoming who we have become.

As usual, we use writing, art, story, and film to find, in the privacy of our individual journals, and in the container that the weekend provides, the mystery of ourselves.

Donna Hardy is a marriage and family therapist with a long history of loving relationships, some of them formed during her star-studded career of doing workshops at Angela Center. She is the author of *Songs to a Watchful Lover*, a book of love songs to life.

Enrollment is limited to 24 persons. **The cost for tuition, meals and a room of one's own is \$ 258.50.** There is a small extra fee for CEU's for MFT and LCSW licensure (PCE#1467).

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April 2004

(Remember to also see the ongoing classes section)

Healing and Hope**Retreat Weekend**

Starting Friday evening and ending Sunday afternoon

April 2-4, 2004

Led by Anthony Padovano, M.A., Ph.D.

The major concerns of contemporary Catholics focus on personal spirituality and on the crisis of hope in the Catholic Church. This weekend retreat will search for healing and direction in these two concerns.

Anthony Padovano has an S.T.D. in Theology from the Gregorian University in Rome, an M.A. in Philosophy from St. Thomas International University in Rome and a Ph.D. in literature from Fordham University. Doctor Padovano is a world lecturer with 27 books and numerous articles to his credit. He is currently a distinguished professor of American Literature and Religious Studies at Ramapo College of New Jersey and an adjunct Theology Professor at Fordham University and St. Elizabeth's College.

Cost: \$287 (double) \$352 (single)

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Becoming an American Church
Sunday, April 4, 2004
5pm – 7 pm

Lecture by Anthony Padovano, M.A. Ph.D.

American Catholics are generally unaware of how liberal the American Church was in the beginning. The reasons why this brave experiment ended will be explored. This survey gives legitimacy to creating an American Church which is distinctly Catholic, united with Rome and uniquely American.

Cost: \$20.

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A Theological Interpretation of Impressionist and Post-Impressionist Art

4 Wednesday Evenings

April 14, 21, 28 and May 5

7:30 to 9pm

Led by Geoffrey E. Wood., S.S.L., S.T.D.

In the Middle Ages and Renaissance religious topics were almost the sole subject of painting. Such paintings of sacred subjects like the Nativity or Call of St. Matthew or of the Madonna, the Flight into Egypt, the Crucifixion, Resurrection or Martyrdom of St. Sebastian to name a few such paintings were often done to serve as altar pieces before which the Eucharist might be celebrated. The paintings thus supplied a pictorial enhancement to meaning of the Eucharist's connection to sacred history.

By the nineteenth century art had become much more interested in secular subjects: seascapes, landscapes, still life, portraits, depictions of people dancing and working. But to the theological eye there is no such thing as a secular painting. All paintings say something about the holiness of creation. For that reason a painting of a wheatfield by Van Gogh might serve as an astounding altar piece, a supplement to the Eucharist, as much as an explicitly religious scene or figure. This course will explore the sacred hidden in the secular beauty of late nineteenth and early twentieth century art (mainly French).

Warning: do not come expecting the kind of technical critique you might find on a campus and in an art gallery. The interpretation here will be theological and edifying (in the serious sense of that term).

Cost: \$56 (Bring a friend free.) Please make reservations.

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May 2004

(Remember to also see the ongoing classes section)

Know My Name**A Weekend Retreat for Lesbians and Gay Men**

**Starting at 7:30 pm Friday May 7th ending mid afternoon Sunday May 9th.
Led by Kevin Dincher.**

Know My Name is a weekend for lesbians and gay men aimed at reconnecting with a sense of our own worth through sharing, prayer and reflection on God's love and acceptance and God's desire for everyone to be free from fear, free from hatred and free from hopelessness.

Cost: \$232 (double) \$297 (single)

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June 2004

(Remember to also see the ongoing classes section)

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July 2004

(Remember to also see the ongoing classes section)

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August 2004

(Remember to also see the ongoing classes section)

Writers' Camp

**With Donna Hardy and Clare Morris as Space Makers,
7: 30 p.m. Monday, August 2, through lunch, Saturday, August 7, 2004.**

If what you want from a writing week is a chance to write, Camp Writing Bear is for you. We offer lots of silence and the perfect combination of Writing Time and Other Time. There will be an optional writing activity each morning and an optional feedback session each afternoon. Evenings will be for art, revelations, and a movie or two for inspiration.

If you have a project you ache to get to but never find the space for, if you need time to revise and rework, if you are preparing a manuscript of poetry, if you just want some time to write—this is for you. Bring your laptop and your writer's notebooks; and because there's more to writing than writing, bring your journal, your sketch pad, your needlepoint, your flip flops, your walking shoes.

Clare Morris and Donna Hardy are writers and psychotherapists who have been leading workshops, together and separately, for many years. They are skillful at making and holding space where people can do their own creative work.

Angela Center is located among the vineyards and the playing fields at the edge of Santa Rosa. The building and grounds support finding places for solitude. There is good walking space. You will have a room of your own with a writing table and hot and cold running water. The toilet, showers, and tub are down the hall. The meals will be better than you remember from Girl Scout Camp.

Enrolment is limited to 24 women. **The total cost is \$550.**

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September 2004

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October 2004

(Remember to also see the ongoing classes section)

**Trauma Healing and Transformation
A weekend workshop****Oct. 8-10, 2004****Led by Patricia Mathes Cane, Ph.D**

Trauma and violence are impacting the human family and all major institutions on both personal and communal levels. Yet working to heal trauma can lead to significant life change transforming wounds into wisdom, bringing new vision and deeper meaning to life. This training will cover research, theory, and body-mind-spirit practices found to be effective in working with persons and communities suffering from traumatic stress, as well as for personal use by therapists and group leaders affected by secondary trauma.

The program of body-mind-spirit practices, developed by Pat Cane and used by Capacitar trainers, was designed for grassroots people giving them skills to heal and transform traumatic stress resulting from natural disasters, political violence, torture and abuse. The energy practices have been used with a wide variety of people and cultures. The program takes a popular education approach to trauma healing and places practices in the hands of individuals and communities to empower people in their own process.

Pat Cane has fourteen years of experience teaching bi-lingual workshops to thousands of participants in body-mind-spirit practices in 20 countries and 15 states. As Founder and Director of Capacitar, an international project in multicultural wellness education, she works nationally and internationally in the area of personal and societal healing and transformation. Pat is author of two books: Capacitar Manual of Body-Mind-Spirit Practices; and Trauma Healing and Transformation: Awakening a New Heart with Body-Mind-Spirit Practices. She has a Ph.D in Multicultural Wellness Education, an M.A. in Counseling Psychology and a B.S. in Biological Sciences. Pat is especially dedicated to working with women and families, the underserved, and people affected by violence in the U.S and other parts of the world.

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**Women's Retreat Day
Saturday October 30, 2004
Led by Sister Miriam Malone**

Call the Angela Center for details.

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November 2004

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December 2004

(Remember to also see the ongoing classes section)

Trauma Healing and Transformation**A weekend workshop****Dec. 17-19, 2004****Led by Patricia Mathes Cane, Ph.D**

Trauma and violence are impacting the human family and all major institutions on both personal and communal levels. Yet working to heal trauma can lead to significant life change transforming wounds into wisdom, bringing new vision and deeper meaning to life. This training will cover research, theory, and body-mind-spirit practices found to be effective in working with persons and communities suffering from traumatic stress, as well as for personal use by therapists and group leaders affected by secondary trauma.

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