

ANGELA CENTER – Winter / Spring 2006 Program Calendar

**“Dancing With Dragons –
Healing Through Our Dark Side”
Led by F Michael Montgomery
Two Tuesdays, January 31 and Feb. 7, 2006
7-8:30 pm
Cost: \$30**

Why is it that we sometimes do things that we do not understand about ourselves? How is it that at times we find ourselves acting in ways that are contrary to our best interests? And what is it about those certain situations that are so charged for us yet we do not know why.

Welcome to our shadow side. This is the side of each and every one of us that without our even knowing we tend to avoid like the plague! These are the “dragons,” the parts of ourselves that we have disowned or even hated. Yet in doing so we rob ourselves of our wholeness and we cramp our innate ability to heal and grow.

Join us in this compassionate journey of discovering our dragons and in so doing reclaim our wholeness and nurture our Divine ability to grow and heal. This will be a two part workshop.

F. Michael Montgomery, LCSW, MFT, has been a therapist for more than 30 years. He worked for Home Hospice for 11 years and has conducted two national workshops on the subject of healing and growth. He has been the president of the Redwood Empire Chapter of the California Association of Marriage and Family Therapists. His work supports and challenges us to be alive and open to our healing and wholeness.

Angela Center Reservation Information

Please pay the full amount when you register. For overnight programs, payment will be refunded, less a \$35 processing fee, if you cancel two weeks before the program date. No refund will be made after this date. For classes, one-day workshops and seminars, no refund will be made after the starting date.

To register, mail a check to the:

**Angela Center, 535 Angela Drive
Santa Rosa, CA 95403**

along with your name, mailing address, phone number(s) and the name of the class(es) or workshop(s) you want to attend.

For further information call the Angela Center between 9am-2pm, Monday through Friday at 707/ 528-8578. Work/scholarship assistance is available for most of our programs. Please call for more information.

www.AngelaCenter.com - 707.528.8578