

## **ANGELA CENTER – Winter / Spring 2006 Program Calendar**

**“Menopause:  
An Underworld Initiation into New Life”  
Led by Trish Watkins  
Saturday, April 22, 2006  
9 am – 1 pm  
Cost: \$45**

Come explore the psycho-spiritual opportunities inherent in the menopausal process and the parallels to Sumerian Goddess Inanna's descent and journey into the underworld. In this journey, the old role is released in honor of discovering and reclaiming lost and denied parts of the feminine essential self. Through discussion and a variety of creative modalities, the pre-, post- and menopausal woman will deepen into this feminine ground and initiate an eventual rebirth into a wise and newly empowered woman returning again to her home in the upper world.

Please bring a bag lunch.

Trish Watkins holds a Masters Degree in Transpersonal Psychology from the Institute of Transpersonal Psychology in Palo Alto, CA. She works with women through their dreams, life symbols, grief and transformational processes to engender a greater “soul-healthy” life experience.

### **Angela Center Reservation Information**

Please pay the full amount when you register. For overnight programs, payment will be refunded, less a \$35 processing fee, if you cancel two weeks before the program date. No refund will be made after this date. For classes, one-day workshops and seminars, no refund will be made after the starting date.

To register, mail a check to the:

**Angela Center, 535 Angela Drive  
Santa Rosa, CA 95403**

along with your name, mailing address, phone number(s) and the name of the class(es) or workshop(s) you want to attend.

For further information call the Angela Center between 9am-2pm, Monday through Friday at 707/ 528-8578. Work/scholarship assistance is available for most of our programs. Please call for more information.

**[www.AngelaCenter.com](http://www.AngelaCenter.com) - 707.528.8578**