

ANGELA CENTER – Winter / Spring 2006 Program Calendar

“Creating a Sacred Space with Music in Your Life”

Led By Jan Cercone and Journey Harasin

Saturday workshop, March 11, 2006

10 am-3 pm

Cost: \$40

Join with us to explore your voice, to sing with crystal bowls, chant the ancient chants and relax into healing, sacred sound. Jan Cercone and Journey Harasin will lead you gently through singing, listening exercises and artwork to deepen our experiential Journey.

Bring a lunch and wear warm clothing to walk the labyrinth.

Jan Cercone, has studied the Uncovering the Voice Method for 14 years and uses her voice for healing in varied traditional and non-traditional settings all over Sonoma County. She teaches at the Psychoacoustics Institute in SF, is an RN, a Certified Music Practitioner, and works with local groups and agencies to bring sacred, healing music to the bedside and community groups.

Journey Harasin is a local sound practitioner who uses toning and sound work for healing and balancing the body. She holds toning sessions at her home, private healing sessions, and leads healing sound journeys. She is co-founder of the Sound Collective with Jan Cercone, and is an accomplished Visionary Artist.

Angela Center Reservation Information

Please pay the full amount when you register. For overnight programs, payment will be refunded, less a \$35 processing fee, if you cancel two weeks before the program date. No refund will be made after this date. For classes, one-day workshops and seminars, no refund will be made after the starting date.

To register, mail a check to the:

**Angela Center, 535 Angela Drive
Santa Rosa, CA 95403**

along with your name, mailing address, phone number(s) and the name of the class(es) or workshop(s) you want to attend.

For further information call the Angela Center between 9am-2pm, Monday through Friday at 707/ 528-8578. Work/scholarship assistance is available for most of our programs. Please call for more information.

www.AngelaCenter.com - 707.528.8578